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Date: August 24, 2023

To: Participating Group Administrators

From: Laurie Kazilionis

Subject: 2024 Renewal and Mandatory Enrollment Information

Dear Friend:

We look forward to another year of serving you and your employees.

This letter outlines important materials available in My Admin Portal (MAP) via the Medical & Life Participant System (MLPS), along with considerations as you review your Episcopal Church Medical Trust (Medical Trust) health plan renewal and make selections for 2024.

Annual Enrollment PLUS! New Vendor: Delta Dental. Action Required!

Delta Dental has the largest network of dentists nationwide and will be our new dental vendor for 2024! If your Participating Group offers dental coverage with Cigna Dental through the Medical Trust, that coverage is going away after December 31, 2023. To offer dental coverage through the Medical Trust, your group must select a Delta Dental plan during plan renewal. Your employees **must** enroll in a dental plan during Annual Enrollment. Learn more below.

Accessing MLPS via MAP

My Admin Portal (MAP) makes it easy to enroll members, access reports, and interact with MLPS for group plan selection. Please see <u>Plan Selection for Administrators</u> for information about accessing MLPS via MAP.

What You Will Find in MLPS

Review these documents on the Plan Selection webpage:

- Medical Trust Renewal Letter This letter from John Servais, Senior Vice President, Benefits Policy and Design, of the Church Pension Group, provides an overview of health cost trends, Medical Trust pricing methodology, and plan enhancements for 2024.
- Administrator Letter Templates These customizable letters can help you
 communicate the upcoming Annual Enrollment and your plan selection to your
 employees. They are especially useful if you are making changes to your plan offerings
 for 2024 and for alerting your members to our new Delta Dental plan options, which
 require mandatory active enrollment.
- 2024 Annual Enrollment Timeline for Administrators This schedule of key action items, events, and dates for renewal and Annual Enrollment will help keep you on track.

- Plan Comparison Chart This table provides the most important benefit details for all
 plans offered to Participating Groups by the Medical Trust. If you need a customized,
 group-specific version of a plan, be sure to request it through your <u>benefits relationship</u>
 manager before your selections appear on your member's Annual Enrollment screen.
- Annual Enrollment Guide This electronic booklet can help your employees with their annual plan selections by providing an overview of the plans, things to consider when making Annual Enrollment decisions, and how to access the information and tools available on the Anthem, Cigna, Kaiser, and Delta Dental websites.
- Healthcare Compliance Notices Each September the Medical Trust sends updated versions of health plan notices to enrolled employees. This year, the Medical Trust will include the Notice of Creditable Coverage in the Healthcare Compliance Notice package. The Medical Trust sends this notice to all Medicare-eligible individuals who have prescription drug coverage under our plans.
 - Employers are responsible for providing the Premium Assistance Under Medicaid and the Children's Health Insurance Program (CHIP) notice annually to all employees, whether or not they are enrolled in a Medical Trust plan.
 - Employers are also required to provide Summaries of Benefits and Coverage and the HIPAA Notice of Special Enrollment to employees who become eligible to participate in Medical Trust plans.

We recommend that you provide employees who are not currently enrolled in a Medical Trust plan with this complete set of *Healthcare Compliance Notices (PDF)*, along with the *Summaries of Benefits and Coverage* and other enrollment materials to ensure that this requirement is satisfied. You can find more information about these responsibilities in the *Administrative Policy Manual*.

Medical Trust Compass Report

- Group-specific Compass Reports (for groups with over 50 enrolled members) –
 Compass Reports are detailed dashboards of enrollment, cost, and utilization data.
 All groups will see The Medical Trust Compass Report, which provides data for our entire enrolled population. Groups with 50 or more members will also see a report with data specific to their enrolled population.
- How to Read Your Compass Report Your group's Compass Report, if you receive
 one, will include guidance to help you interpret the information. Your benefit
 relationship manager can also help you understand how to use this tool in plan
 selection and benefits management.
- <u>Administrative Policy Manual</u> Refer to the manual for an outline of your responsibilities, and to learn about important definitions, forms, policies, and procedures for plan eligibility and enrollment, and other Medical Trust rules.
- Participating Group Agreement This Agreement is the legal contract between your participating group and the Medical Trust. It sets forth the terms by which the Medical Trust offers and the Participating Group accepts one or more of the Medical Trust's health plans. This document is signed by Ellen Taggart, Chief Financial Officer of the Church Pension Group. Please print and keep it for your records. This form does not need to be returned to the Medical Trust as your electronic signature is our record of your agreement to these policies.

• Legal Consent Language

The legal consent language that appears when you submit your plan selections and accept your renewal affirms that you are authorized to sign for your group, agreeing electronically to comply with the terms set forth in the <u>Administrative Policy Manual</u> and Participating Group Agreement.

 User Consent Agreement — This legal consent language explains your rights and responsibilities when you electronically sign your renewal by clicking "OK" on the Legal Consent. See the User Consent Agreement.

It is important that you carefully review these interrelated documents annually and understand your responsibilities.

Points to Consider

Cost and Benefits

Selecting a plan for your Participating Group involves balancing the cost and level of benefits (e.g., member deductibles, copayments, and coinsurance) provided by each plan, your employer philosophy, contribution and tier strategy, and budget.

Choice

Do your current plan offerings meet the needs of your group, or would members benefit from alternative plans? Consider plan diversity that offers meaningful choice between a "pay now" approach with higher monthly contribution costs, and a "pay later" approach with higher out-of-pocket costs when members seek medical treatment. We offer a wide array of plans featuring a range of deductibles, copayments, and coinsurance with Anthem, Cigna, Kaiser (if available in your region), and Delta Dental.

Medicare Secondary Payer Small Employer Exception (MSP SEE)

The Medical Trust provides eligible small employers (**fewer than 20 full- and/or part-time employees in the current and preceding year**) and their employees who are 65 and older with the option to apply for an exception to the Medicare Secondary Payer rules. Once approved by Medicare, employees age 65 or over can enroll in MSP SEE Plans (Anthem or Cigna), which have lower premiums than traditional PPO plans. These plans coordinate with Medicare, mirror the benefits of traditional PPO plans, and are available to the employee and enrolled dependents. Rates are provided to you during plan selection with "MSP" in the plan title for ease of identification.

While this option is not mandatory, we encourage your Participating Group to take advantage of the MSP SEE Plans. These plans can reduce monthly contributions and may lower member out-of-pocket costs. Please make sure that your MSP SEE Plan selection mirrors your standard PPO selection. Refer to the eligibility criteria in the <u>Administrative Policy Manual</u>.

Cigna Employee Assistance Program (EAP) - Standalone Option

The Medical Trust offers the standalone Cigna EAP for eligible employees who opt out of Medical Trust health coverage due to other qualified coverage. If your employer group offers the standalone option, you must enroll **all eligible employees** who opt out of the Medical Trust. The Cigna EAP program, which covers the entire household of an enrolled employee, costs \$4 per employee per month. Due to Affordable Care Act (ACA) regulations, this benefit can be offered only if fully paid for by the employer. Requiring your employee to contribute to the cost of the Cigna EAP could result in significant penalties under the ACA.

The group administrator handles Cigna EAP enrollment through MAP; members cannot enroll through online Annual Enrollment. To offer or continue to offer the standalone Cigna EAP, select "Accept" for this option when you choose your plans.

Rate Tiers

The Medical Trust has three rate tier options: 2 Tier (Employee, Family), 3 Tier (Employee, plus one dependent, Family) or 4 Tier (Employee, Employee+Spouse, Employee+Child/ren, Family). Your renewal reflects the current tier selection offered by your employer group.

If your Participating Group requested, via your <u>benefits relationship manager</u>, to see different tier pricing for 2024, these will be provided to you in a PDF document. Please use "Additional Option Requested" in MAP to formally request this new tier pricing preference. We will populate MAP with those rates for your final plan selection. Please see <u>Plan Selection for Administrators</u> for information about requesting additional options in MAP.

Rx Options

The Medical Trust offers two Rx plan designs: the coinsurance-based Standard Rx option and the copay-based Premium Rx option. These Rx options are available for all plans except Consumer-Directed Health Plans (CDHP) and Kaiser plans, which have their own Rx plan designs.

Your renewal reflects the Rx option currently offered by your Participating Group and the cost is included. If you are interested in changing your Rx option for 2024 and you currently offer Standard Rx, the additional monthly contribution is noted below. For example, if your group offers a 2 Tier rate option, and you want to move from the Standard Rx option to the Premium Rx option, the Employee Only plan will increase by \$29 and the Family plan will increase by \$67. If you currently offer the Premium Rx option and want to buy down to the Standard Rx option, your monthly rates will decrease by the amounts in the table below.

You will need to use the "Additional Option Requested" feature in MAP to view the rate differential of the Rx options. Please see <u>Plan Selection for Administrators</u> for step-by-step instructions for adding the Rx option rates in MAP.

	2 Tier	3 Tier	4 Tier
Employee Only	\$29	\$29	\$29
Employee+Spouse	\$67	\$52	\$58
Employee+Child	\$67	\$52	\$52
Employee+Child/ren	\$67	\$81	\$52
Family	\$67	\$81	\$87

Dental

New Vendor: Delta Dental! Action Required!

If your Participating Group offers dental coverage with Cigna Dental through The Episcopal Church Medical Trust, that coverage will not be offered after December 31, 2023. To maintain your dental coverage through the Medical Trust, your group must select a Delta Dental plan from the Premium, Comprehensive, and Basic plan options.

How Delta Dental Can Work for Your Employees

Members will be able to access services in two Delta Dental dentist networks (PPO and Premier) or use out-of-network dentists. Their coinsurance, deductible, and maximum annual benefit will vary based on the network they use for a covered dental service. That puts your members in charge of making their money go further.

- Providers in the Delta Dental PPO¹ network and Delta Dental Premier® network have agreed to contracted rates, and members won't be charged more than their expected share of the bill.² Using the Delta Dental PPO network³ offers the highest annual maximum benefit, allowing members the most savings.
- All Delta Dental plans cover no-cost-share diagnostic and preventive care and three dental cleanings a year (four cleanings based on certain conditions).
- Basic and major restorative services are covered in all plans, subject to applicable coinsurance, deductibles, limitations, and exclusions.
- Orthodontia services have an enhanced in-network lifetime benefit in the Premium Plan and are also offered in our Comprehensive Plan.

Learn more about what Delta Dental offers at cpg.org/deltadental (available in September).

- Members can find a dental provider, check their benefits, and access other helpful resources all in one place at <u>deltadentalins.com</u>.
- Members can find more information about CPG's medical and dental benefits at cpg.org/annualenrollment.
- If a member would like help with Annual Enrollment, they should call our Client Services team at (800) 480-9967, Monday to Friday, 8:30 AM to 8:00 PM ET.

Remember, you need to select a Delta Dental plan option if you want to offer dental coverage through the Medical Trust in 2024. Cigna Dental will no longer be offered.

If you have a non-Medical Trust dental plan and are interested in a customized dental quote, please contact your <u>benefits relationship manager</u>.

Need Help Deciding? Have Questions?

For personalized assistance, please contact your benefits relationship manager.

¹ In Texas, Delta Dental Insurance Company provides a dental provider organization (DPO) plan.

² You are responsible for any applicable deductibles, coinsurance, amounts over annual or lifetime maximums and charges for non-covered services. Out-of-network dentists may bill the difference between their usual fee and Delta Dental's maximum contract allowance.

³ You can still visit any licensed dentist, but your out-of-pocket costs may be higher if you choose a non-PPO dentist.

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Church Pension Group Services Corporation ("CPGSC"), doing business as The Episcopal Church Medical Trust, maintains a series of health and welfare plans (the "Plans") for eligible employees (and their eligible dependents) of the Episcopal Church (the "Church"). The Medical Trust serves only eligible Episcopal employers. The Plans that are self-funded are funded by the Episcopal Church Clergy and Employees' Benefit Trust, a voluntary employees' beneficiary association within the meaning of section 501(c)(9) of the Internal Revenue Code.

The Plans are church plans within the meaning of section 3(33) of the Employee Retirement Income Security Act of 1974, as amended, and section 414(e) of the Internal Revenue Code. Not all Plans are available in all areas of the United States or outside the United States, and not all Plans are available on both a self-funded and fully insured basis. Additionally, the Plan may be exempt from federal and state laws that may otherwise apply to health insurance arrangements. The Plans do not cover all healthcare expenses, so members should read the official Plan documents carefully to determine which benefits are covered, as well as any applicable exclusions, limitations, and procedures.