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### 2026 Annual Enrollment



### 2026 Annual Enrollment is here!

Annual Enrollment for 2026 benefits from The Episcopal Church Medical Trust (Medical Trust) **begins October 15 and ends November 7**.

If you don't make any changes to your existing medical and/or dental plans, your current choices will continue to be in effect for 2026, and any rate changes will apply. However, if your current medical or dental plan is not being offered next year, you must enroll in a new plan or else you will not have Medical Trust coverage in 2026.

## Things to Remember

- 1. Quantum Health can help during Annual Enrollment. Call 866-871-0629.
- 2. Review your medical and/or dental plans and choose options for 2026.
- 3. If necessary, update dependent information on the "Relationships" screen in MyCPG Accounts.

#### **Annual Enrollment Support**

During Annual Enrollment, Quantum will be available at 866-871-0629 to help members enrolled—or eligible to enroll—in plans that use the Anthem and Cigna networks\* to understand plan options and choose the right plan for themselves and their families.

\*Members covered by Kaiser Permanente and by the Hawaii Medical Service Association have comprehensive services as part of their plans and will not use the services of Quantum Health. Neither will members enrolled only in a dental plan (through Delta Dental), a disability policy (through Aflac), and/or the standalone EAP.

# **Learn More About Your Benefits and Enroll**

- Visit *cpg.org/annualenrollment* to learn about and evaluate your 2026 Medical Trust benefits.
- To make plan selections, sign in to <u>MyCPG Accounts</u> using the email address and password associated with your account. We included the email address in the Annual Enrollment package that we mailed to your home in a green envelope.

If you need help associating an email address with your account, call Client Services at 855-594-2201, Monday to Friday, 8:30 AM to 8:00 PM ET. Please see these <u>step-by-step</u> instructions on how to sign in to <u>MyCPG Accounts</u> and make plan selections.

Faithfully,

The Episcopal Church Medical Trust

#### **MyCPG Accounts** Quick, convenient, safe.













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Church Pension Group Services Corporation ("CPGSC"), doing business as The Episcopal Church Medical Trust, maintains a series

of health and welfare plans (the "Plans") for eligible employees (and their eligible dependents) of the Episcopal Church (the "Church"). The Medical Trust serves only eligible Episcopal employers. The Plans that are self-funded are funded by the Episcopal Church Clergy and Employees' Benefit Trust, a voluntary employees' beneficiary association within the meaning of section 501(c)(9) of the Internal

The Plans are church plans within the meaning of section 3(33) of the Employee Retirement Income Security Act of 1974, as amended, and section 414(e) of the Internal Revenue Code. Not all Plans are available in all areas of the United States or outside the United States, and not all Plans are available on both a self-funded and fully insured basis. Additionally, the Plan may be exempt from federal and state laws that may otherwise apply to health insurance arrangements. The Plans do not cover all healthcare expenses, so members should read the official Plan documents carefully to determine which benefits are covered, as well as any applicable exclusions, limitations, and procedures.

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