



### Coming soon... Annual Enrollment 2026

<<FirstName>> <<LastName>> <<Suffix>  
<<Street1>>  
<<Street2>>  
<<City>> <<State>> <<Postal Code>>

Your 2026 Annual  
Enrollment session  
dates:

October 15, 2025  
to November 7, 2025

Your Associated Email Address: <email>

Your Client Number: <number>

Dear Friend:

Every fall during Annual Enrollment, you have the opportunity to review the medical and dental plans available through The Episcopal Church Medical Trust (Medical Trust), compare options, select the ones that best suit you and your family, and add or remove a spouse or dependent(s).

#### Factors to consider

- Has your household changed? For example, did you get married or divorced?
- Has there been a change in anyone's health status? Are you or a covered family member planning to undergo surgery or another medical procedure?
- Is your existing health plan being offered in 2026?
  - ~ If it is and you take no action, your current elections will continue for 2026, and any rate changes will apply.
  - ~ If it isn't, you must enroll in a new plan, or you will not have Medical Trust coverage in 2026.

#### Steps to Take

Visit  
[cpg.org/annualenrollment](https://cpg.org/annualenrollment)



Click on the "I'm an Active Employee" tab or the "I'm an Early Retiree" tab to access the decision guide and learn about health plan benefits. You'll find:

- The 2026 *Annual Enrollment Guide*, which contains information about our plans and important plan changes taking effect next year\*
- A downloadable *Summary of Benefits and Coverage* for each plan we will offer in 2026\*
- Dental plan information, if offered by your employer through the Medical Trust
- The *Glossary of Health Coverage and Medical Terms* provided by the Centers for Medicare & Medicaid Services

\*Digital copies of the 2026 Annual Enrollment Guide and the Summary of Benefits and Coverage for each plan are also available at [cpg.org/mtdocs](https://cpg.org/mtdocs). To request a free paper copy, contact Client Services.

---

### Make Selections

Log in to MyCPG Accounts with the email address specified above.

- If there is no email address listed above, select “Create Account” and follow the prompts.
  - Use the Client Number shown above. Your client number can make it easier to verify your identity during the account setup process.
- Make sure that your personal information is correct. Then you’ll be ready to make plan selections online.
- Only those Medical Trust plans being offered by your participating group in 2026<sup>1</sup> will be visible to you.
- Refer to the plan selection screen to view your group’s plan options.
- Refer to the plan selection screen for plan highlights and download and follow the instructions to make your selection(s). Complete your Annual Enrollment by November 7, 2025.

---

### Contact Quantum Health

If you’re enrolled (or eligible to enroll) in a plan that uses the Anthem or Cigna network, call Quantum Health at 866-871-0629 for help choosing the medical plan that will best meet your needs and those of your dependents. If you’re covered by a Kaiser Permanente plan via a group that offers only Kaiser Permanente plans, you cannot take advantage of Quantum Health’s assistance in selecting a plan option. But you can if your group offers plans that use the Anthem and Cigna networks as well as Kaiser Permanente’s.\*\*

*\*\*Members covered by Kaiser Permanente and by the Hawaii Medical Service Association have comprehensive services as part of their plans and will not use the services of Quantum Health. Neither will members enrolled only in a dental plan (through Delta Dental), a disability policy (through Aflac), and/or the standalone EAP.*

---

### Contact Delta Dental

Learn more about your Delta Dental plan options at [cpg.org/deltadental](https://cpg.org/deltadental) or by calling Delta Dental at 888-894-7059.

<sup>1</sup>Your participating group may not offer every plan available from the Medical Trust. Those plans offered by your participating group will appear on the MyCPG Accounts Annual Enrollment page.

### Questions?

Call Client Services at 800-480-9967, Monday to Friday, 8:30 AM to 8:00 PM ET, or email [mtcustserv@cpg.org](mailto:mtcustserv@cpg.org).

*This material is provided for informational purposes only and should not be viewed as investment, tax, or other advice. It does not constitute a contract or an offer for any products or services. In the event of a conflict between this material and the official plan documents or insurance policies, any official plan documents or insurance policies will govern. The Church Pension Fund (“CPF”) and its affiliates (collectively, “CPG”) retain the right to amend, terminate, or modify the terms of any benefit plan and/or insurance policy described in this material at any time, for any reason, and, unless otherwise required by applicable law, without notice.*

*These documents may contain protected health information as described under the Health Insurance Portability and Accountability Act of 1996 and the regulations issued thereunder (“HIPAA”). This information is confidential and is intended only for use by the authorized individual to whom, or the entity to which, it is addressed. The recipient of this information is prohibited from disclosing this information to any other party unless required to do so by law or regulation and is required to destroy the information after its stated need has been fulfilled. If you are not the intended recipient of this information, you are hereby notified that any disclosure, copying, or distribution of this information, or any action taken in reliance on this information, is strictly prohibited and may subject you to civil or criminal penalties. If you have received this information in error, please notify the sender and the Church Pension Group Privacy Officer immediately to arrange for the return or destruction of the information. Contact information for the sender is provided above, and the Church Pension Group Privacy Officer may be contacted by email at [privacy@cpg.org](mailto:privacy@cpg.org).*

*Neither The Church Pension Fund nor any of its affiliates (collectively, “CPG”) is responsible for the content, performance, or security of any website referenced herein that is outside the [cpg.org](https://cpg.org) domain or that is not otherwise associated with a CPG entity.*