



Resilience and Wellness for Work and for Life

Dear Bishops and Clergy:

The Church Pension Fund is happy to announce that active and retired Episcopal clergy* and their household members now have access to a new health benefit at no additional cost to them: the International Employee Assistance Program (IEAP).

**For a complete list of covered dioceses, please visit cpg.org/IEAP. In addition, this benefit is also available to Episcopal clergy working under an Extension of Ministry outside the United States.*

Consistent with our overall effort to help you lead a healthy life, this wholly confidential, 24/7 service administered by Cigna covers up to six counseling sessions a year per issue to assist you with personal, family, and professional matters, including

- parenting and marital relationships;
- life transitions, anxiety, and depression;
- the loss of a loved one;

- substance use;
- bullying and harassment;
- relocation and housing; and
- workplace pressure.

In addition, the IEAP offers referrals to local agencies and professionals who can help with

- identity theft;
- pet, child, and elder care;
- budgeting, estate planning, and other financial concerns;
- adoption, other legal processes; and a lot more.

Plus, it can provide guidance to clergy who need to

- address concerns within their congregations,
- motivate individuals,
- provide constructive feedback, and
- coordinate the response to political unrest or a natural disaster.

Available worldwide by phone (toll-free), video, text, or chat, the program gives eligible individuals access to a network of more than 11,000 counselors in over 200 countries and 27 languages.

Easy Access

Worldwide phone number: +1-984-222-6957 (direct dial or reverse calling)

WhatsApp: +1-984-920-6875 (text only)

Local number: for your country's freephone, consult this [document](#).

Faithfully,
John Servais
Senior Vice President
Benefits Policy and Design

[MyCPG Accounts](#)

Quick, convenient, safe.



BENEFITS | INSURANCE | PUBLISHING

This material is provided for informational purposes only and should not be viewed as investment, tax, or other advice. It does not constitute a contract or an offer for any products or services. In the event of a conflict between this material and the official plan documents or insurance policies, any official plan documents or insurance policies will govern. The Church Pension Fund ("CPF") and its affiliates (collectively, "CPG") retain the right to amend, terminate, or modify the terms of any benefit plan and/or insurance policy described in this material at any time, for any reason, and, unless otherwise required by applicable law, without notice.

This material is not a substitute for professional medical advice or treatment. CPG does not provide any healthcare services and, therefore, cannot guarantee any results or outcomes. Always seek the advice of a healthcare professional with any questions about your personal healthcare, including diet and exercise.

[Privacy Policy](#)

If you wish to unsubscribe from this email, please [click here](#).
To unsubscribe from all CPG-related emails, please email privacy@cpg.org.

Church Pension Group
19 East 34th Street, New York, NY 10016
©2025 Church Pension Group. All rights reserved.