



## A Step Toward Financial Wellness

From Church Pension Group <churchpensiongroup@reply.cpg.org>

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## Big change starts with a single step.

This season invites reflection—and renewal.

Starting to save doesn't require a major overhaul. As little as a 1% contribution to your workplace savings plan could be a powerful way to begin building toward your retirement goals.

Financial wellness is part of self-care. And like any meaningful habit, it begins with a single step. The kind you'll be glad you took.

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**Linda Riley Mitchell – Chief Financial Officer**  
The Episcopal Diocese of Texas

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