

At-A-Glance Contact List

| CPG Client Services | Phone / Hours | Email | Website |
|---|---|--|--|
| Pensions and Retirement Savings Plans | 866-802-6333 Monday to Friday, 8:30 AM to 8:00 PM ET 877-432-9274 (fax) | benefits@cpg.org | cpg.org cpg.org/myaccount |
| Medical, Dental, & Group Life/Disability | 800-480-9967 877-432-9274 (fax) Monday to Friday, 8:30 AM to 8:00 PM ET | mtcustserv@cpg.org | cpg.org |
| Retirement Plans | Phone / Hours | Website | App |
| Fidelity (For the Lay Defined Contribution and Retirement Savings Plan) | 877-208-0092 Monday to Friday, 8:30 AM to 12:00 Midnight | netbenefits.com cpg.org/myaccount | NetBenefits Mobile App Fidelity Investments Mobile App |
| Forrest T. Jones (FTJ) (For assistance with Annuities, Individual Life Insurance, and IRAs) | 877-679-2678 Monday to Friday, 7:30 AM to 7:30 PM ET | FTJ.com | |
| Health Plans (ID Cards issued) | Phone / Hours | Website | App |
| Quantum Health For plans using Anthem and Cigna networks and Cigna EAP | Quantum Health 866-871-0620 Monday to Friday 8:30 AM to 10:00 PM ET EAP: 866-395-7794 (24/7) | MyQuantumCare.org | Apple: Quantum Health from the App Store Android: Quantum Health from Google Play |
| Delta Dental | Members: 888-894-7059 | deltadentalins.com | Delta Dental Mobile App Apple: Delta Dental Plans Association from the App Store Android: Delta Dental Plans Association from Google Play |
| Kaiser Permanente | Colorado: 877-883-6698 Georgia: 866-800-1486 Mid-Atlantic States: 877-740-4117 Northwest: 866-800-3402 Northern California: 800-663-1771 Southern California: 800-533-1833 | kp.org | Kaiser Permanente Mobile App Apple: Kaiser Permanente from the App Store Android: Kaiser Permanente from Google Play |
| Express Scripts Prescription Drug Benefits | 800-841-3361 (24/7) | express-scripts.com | Express Scripts Mobile App Express Scripts Pharmacy Mobile App Express Scripts |

| Additional Benefits | Phone / Hours | Website | App | |
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| EyeMed Vision Care | Members: 866-723-0513 Pre-enrollment: 866-723-0596 Monday to Saturday, 8:00 AM to 11:00 PM ET Sunday 11:00 AM to 8:00 PM ET | eyemedvisioncare.com/ecmt | EyeMed Members Mobile App Apple: EyeMed from the App Store Android: EyeMed Apps from Google Play | |
| HealthEquity (Health Savings Accounts) Debit Cards may be issued | 866-346-5800 (24/7) Monday to Friday 6:00 AM to 6:00 PM | healthequity.com | HealthEquity Mobile App Apple: HealthEquity Mobile from the App Store Android: EyeMed from Google Play | |
| UnitedHealthcare Global Assistance | 800-527-0218 (from US, Canada, Puerto Rico, Virgin Islands and Bermuda) 410-453-6330 (from all other locations, call collect) Open 24/7 | worldwatch.uhcglobal.com | | |
| Disability Insurance | Phone / Hours | Website | App | |
| American Family Life Assurance Company of New York (Aflac) | 800-206-8826 | mygroupplifedisability.aflac.com | | |
| Online Bill Payment | Phone/Hours | Email | Website | Purpose |
| Benefits Bill Pay Pension assessments and group health coverage | Client Services: 800-480-9967, Monday to Friday, 8:30 AM to 8:00 PM ET | benefits@cpg.org | cpg.org/mycpg | For questions about the content of your invoice (provide Client Number and Account Number from your invoice) |
| Paymentus Technical Support | Paymentus: 980-987-7445, Monday to Friday, 8:00 AM to Midnight ET; Saturday and Sunday, 8:00 AM to 5:00 PM ET | customercare@paymentus.com | cpg.org/benefitsbillpay | For technical assistance when making a payment online (provide Account Number from your invoice) |
| Paymentus Payment by Phone | | 866-899-0455 | You can also pay benefits bills by phone. Have your invoice handy. | |